



Newsletter

August 2022

Hi there,

We hope you enjoyed or are still enjoying the summer holiday. In this summer newsletter you will find information about a big event that's coming up: La Vuelta. Also keep on reading when you are interested in other events, volunteering or information about relocating to the Netherlands.

Questions? [Get in touch](#).

The International Welcome Centre team



Vamos!

Are you ready for La Vuelta Holanda? The Spanish cycle race is happening in Utrecht Region this weekend, from 18 – 20 August. Prepare for three days of festivities starting with the team presentation on Thursday. On Friday, you can enjoy the team time trail in Utrecht, and on Saturday the 183km long stage from Brabant to Utrecht passing through the Utrechtse Heuvelrug, Amersfoort, and Utrecht Science Park. Check out the stages and activities at lavueltaholanda.com and vamosutrecht.nl.

Become a volunteer

Join the volunteers of ACCESS if you'd like to meet and help fellow internationals. Tracey shares what's it like to volunteer for ACCESS at the International Welcome Centre's helpdesk: "Volunteering and helping other internationals settle in The Netherlands – specifically Utrecht Region – is a great way for me to give back something to the community, while at the same time offering me an opportunity to meet new people, both as colleagues and as clients". Stop by the [helpdesk](#) for a chat and click [this link](#) if you want more info.



Happy to help

Moving to a new country can be quite overwhelming. What do you need to arrange and who do you go to with your questions? Our relocation guides with useful checklists and accurate information in English will help highly skilled migrants, international students and employers get started. Check out our [website](#), plan a visit to the [helpdesk](#), contact one of our [expert partners](#), or send us an [email](#) for more information.

> [Check out our guide](#)

Meet & have fun

Our ambassadors are back for another year of organising fun filled activities for internationals. Expect movie nights, sport events, treasure hunts & quizzes, Dutch conversation nights and more. Give their brand new [Facebook](#) and [Instagram](#) page a thumbs up to stay tuned. And don't forget to check out the UR-Glocal website for more information about the ambassador club.

> [Visit website](#)



News



Capital gain selling your home

An article by [OrangeTax](#)

These days it is common to make a capital gain selling your home. One of the upsides of the Dutch tax system: no capital gain tax. But there are conditions.

[Read article for more info](#)

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